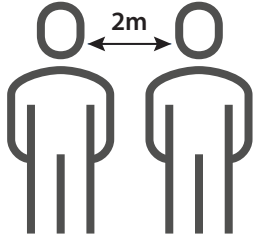


# Protect Yourself & Those Around You

## COVID-19



Avoid close contact with people - keep at least 6 ft/2m away



Stay home when sick and as much as possible when well



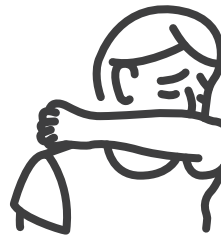
Wash your hands often and thoroughly with soap and warm water



Wear a face covering/mask in enclosed public spaces



Clean and disinfect frequently touched objects and surfaces



Cover your cough or sneeze



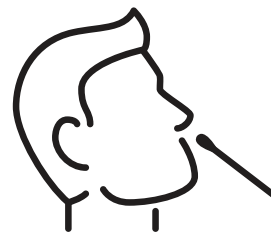
Avoid touching your eyes, nose & mouth



Use alcohol based hand sanitizer with at least 60% alcohol



Work from home, conduct meetings virtually



If concerned, get tested at a local Assessment Centre